

TRAINING ORGANIZATION
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Holistic Osteopathy

Tissue-based, Emotional, and Energetic Approaches

Prerequisites

To participate in this training, one must be an osteopath (D.O.) registered with the appropriate regulatory administrative bodies.

- The training is also open to non-French osteopaths who hold a D.O. title and have graduated from an institution with a curriculum comparable to French standards.
- The training is also open to final-year osteopathy students enrolled in a French institution accredited by the Ministry of Health.
- Holders of a *Diplôme Universitaire* (D.U.) in osteopathy are not eligible for this training.

Training Objectives

The purpose of this training is to introduce, teach, and enable qualified osteopaths to acquire:

- A holistic approach to patient care—a unique method that remains true to the spirit and principles of the osteopathic concept as originally proposed by Andrew Taylor Still.
- Proficiency in a method based on specific osteopathic tests, protocols, and techniques that are not covered in the standard osteopathic curriculum.

Teaching Methodology

- Theoretical presentations using visual aids (e.g., PowerPoint).
- Provision of digital or printed course materials (a handout of approximately 150 pages).
- Extensive practical sessions, involving reciprocal, hands-on work on osteopathic treatment tables; participants will work in pairs under the guidance of the instructor.

Methods for Assessing Acquired Knowledge and Training Outcomes

Although all trainees follow the same core curriculum, an assessment of their existing knowledge is conducted at the time of registration via a questionnaire.

Each trainee is required to complete this questionnaire in order to participate in the training.

The results of this initial assessment are scored out of 20 points, which contribute to the final grade for the completion of the training.

At the end of the training program, a multiple-choice questionnaire (MCQ) is administered during the final half-day to evaluate the knowledge acquired throughout the course. Completion of this assessment is a mandatory regulatory requirement for receiving a training certificate (in compliance with official regulations and FIF PL standards), which serves as formal pedagogical validation of the training.

The MCQ is scored out of 60 points.

In addition, there is a practical component worth 20 points.

This practical grade is assessed during the hands-on training sessions.

Each trainee is evaluated based on how effectively they apply the techniques or protocols taught.

Out of a total of 100 points across all assessments (20 + 60 + 20), a minimum score of 50/100 is required to successfully complete the training.

Upon successful completion of the training, a certificate of training will be issued to the participant. A distinction is awarded based on the final grade achieved:

- "Good" for a score between 50 and 59
- "Very Good" for a score between 60 and 79

Each participant is graded based on their diligence in applying the techniques or protocols taught.

Out of a total of 100 points across all assessments (20+60+20), a minimum score of 50/100 is required to pass the training.

Upon successful completion of the training, a certificate of training will be issued to the participant. A distinction is awarded based on the final grade achieved:

- "Good" for a score between 50 and 59
- "Very Good" for a score between 60 and 79
- "Excellent" for a score between 80 and 100.

Participants who receive a final score of less than 50 will be issued a certificate of attendance.

Osteopaths (D.O.) who pass the training with a score between 50 and 100 may—by fully completing the appropriate form—have their professional contact details listed on the website "www.osteopathie-bf.com" under the "Find an Osteopath" section, identifying them as osteopaths who have successfully completed the training.

Any registered osteopath may modify or remove their professional contact details from the website by submitting a request to the site administrator.

Training Program * **(23 hours of training)**

Day 1

- 8:30 AM – 9:00 AM

Assessment of existing knowledge

- 9:00 AM – 10:30 AM

- Introduction
- The osteopath
- Tissues – Tissue disturbances
- Techniques
- Functional chains
- Functional loops
- Dysfunction chains
- Connections between chain links
- Dysfunction loops

Break

11:00 AM – 12:30 PM

- Connections and links within chains
- Energetic connections
- Osteopathic techniques
- 6 types of tissue work
- Practice of tissue techniques – Comprehensive holistic approach
- Holistic symbiosis – "Polyvagal" theory

- Lunch

- 1:30 PM – 3:30 PM
- Tests
- 7 essential tests
- Practice of the 7 essential tests
- Technique for the C0/C1/C2 complex
- Practice of techniques for the C0/C1/C2 complex (sequenced/combined) – Break

- 4:00 PM – 6:30 PM
- Toxemia
- Emunctories (excretory organs)
- Symptomatology
- "Desaturation" treatment
- Toxemia tests
- Fluid drainage: Protocol and techniques
- Practice tests and techniques

- Day 2

- 8:30 AM – 10:00 AM
- "De-engramming" treatment
- DSTH (Dynamic Structural-Energetic Harmonization)
- Practice of DSTH
- Osteo-energetic technique for engrammings
- Practice of "energetic balancing"

- Break

- 10:30 AM – 12:30 PM
- Chinese energetic approach
- Energy/meridians/energetic cycle/qi/pulses
- Practice of pulse taking

- Lunch

- 1:30 PM – 3:30 PM
- Osteo-energetic techniques
- Simple techniques
- "Yin organ circuit"
- "Organ pairing circuit" + practice
- Break

- 4:00 PM – 6:30 PM
- Yin/Yang techniques
- Extraordinary vessels
- Ren Mai (Jenn Mo) technique
- Chong Mai (Tchrong Mo) technique
- "Toutine Free" technique
- Organ-assent (organ-resonance) techniques
- "Herald" resonance techniques
- Practice of the Ren Mai (Jenn Mo) technique
- Practice of the Chong Mai (Tchrong Mo) technique
- Practice of the "Toutine Free" technique

Day 3

- 8:30 AM – 10:00 AM

- Quantum Physics
- Addressing the unconscious
- The "white line" test and technique
- Practice of the "white line" technique
- The "Emotional Jenn Mo" technique + practice
- Emotional assent techniques
- The 5 wounds of the soul
- Somato-corporeal projections
- Unconscious tissue impactions
- Practice: Unconscious tissue impactions

- Break

- 10:30 AM – 12:30 PM

- Self-treatment
- Physical and energetic techniques + practice
- "Symptom game"

- Lunch

- 1:30 PM – 3:00 PM

- Radiation
- Infrared and electromagnetic radiation
- Energetic radiation: Chakras
- Aura
- Vital energy + practice
- Tests: "Scanner" / "Radar" / "Bubble" / "Radiation"
- Treatment via radiation – Balancing the etheric layer: barriers, dispersion, distribution, and recharging
- Final re-harmonization: Chakras
- Practice: Treatment via radiation

- 3:00 PM – 4:00 PM

- Multiple-choice questionnaire (MCQ)
- Review/correction of the MCQ

- 4:30 PM – 5:30 PM

- Holistic osteopathic consultation (Synthesis) – Conclusion of the training program